



Department of Physical Education in collaboration with **Sports Board**, University of Rajasthan, Jaipur, Rajasthan, India

NATIONAL CONFERENCE ON INTEGRATING SPORTS SCIENCES AND PHYSICAL EDUCATION FOR HOLISTIC WELLBEING

HYBRID MODE | PAPER AND POSTER PRESENTATION



DATE
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Professor in Physical Education
Punjabi University, Patiala



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Professor in Physical Education
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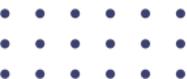


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ABOUT THE UNIVERSITY:

University of Rajasthan, situated in the heart of the pink city. Jaipur, was established in 1947 as a multi faculty University. NAAC has awarded the University with "A" grade and recognized the university among top 10 Indian Universities with potential for Excellence (UPE) IN 2012. The University provides research facilities supported through UGC-SAP, UPE DST-FIST, PURSE, DST-SAIF program grants. Backed up with good infrastructure, the University is an active hub of academic and research activities.

ABOUT THE DEPARTMENT:

The Department of Physical Education was established in 1947 with its Physical Education Program including courses like Bachelor of Physical Education (B.P.Ed.) in 1994-95 and Master of Physical Education (M.P.Ed.) 1995-96. The Department introduced Yoga Certificate & Yoga Diploma Courses in the session 2003-04 under a UGC scheme & M.Phil in Physical Education was introduced in 2007-08. The Department has ample facilities for research work, enabling the post graduates to pursue their Ph.D. in Physical Education. Till date students have been awarded Ph.D. Physical Education. The University has introduced Physical Education subject as an Optional paper in the Under Graduate Program of the constitute and affiliated colleges

ABOUT THE SPORTS BOARD:

The Sports Board came into the existence with the inception of our University. It has a Modern Sports Complex with 26 fields of different games & sports and also a Swimming Pool. Our facilities have been the venue of many National Swimming Meets and Inter University/National Tournaments. The University has always accorded a high priority to games and sports. Fully developed indoor Gymnasium Hall along with a Yoga Centre are the unique attraction of the Sports Complex.

ABOUT THE CONFERENCE:

The National Conference on Integrating Sports Sciences and Physical Education for Holistic Wellbeing is a two-day academic event dedicated to exploring the dynamic relationship between sports sciences, physical education, and overall human wellbeing.

This conference aims to bring together educators, researchers, practitioners, and students to share insights, present research, and discuss innovations that contribute to a holistic approach in physical education. Through expert sessions, panel discussions, and interactive exchanges, the event will promote interdisciplinary collaboration and highlight the growing importance of physical education and sports sciences in today's world.

It is an ideal platform for participants to engage with contemporary issues, explore new trends, and contribute to the advancement of knowledge in the field.

Theme of the Conference:

"Integrating Sports Sciences, Physical Education and Holistic Wellbeing"

The theme of the conference will emphasize the importance of an integrated approach to physical education, sports science, and holistic health. The focus will be on how these disciplines can work together to improve public health, boost athletic performance, and contribute to societal well-being. By exploring cutting-edge research, new technologies, and sustainable practices, the conference will provide insights into how these fields can contribute to national development.

Subthemes:

1. Advancements in Sports Sciences (Exercise Physiology, Sports Psychology, Sports Biomechanics, Yogic Sciences etc.)
2. Physical Education in the Modern World.
3. Holistic Health and Wellness .
4. Athletic training, performance, sports management.
5. Policy and Advocacy for Sports and Health.

Guidelines for Paper Submission:

- Papers must be original, unpublished, and related to the conference subthemes.
- The length of the paper should not exceed 3000 words (excluding references).
- Papers should be submitted in MS Word format (Times New Roman, 12-point font, 1.5-line spacing).
- Authors should provide an abstract (250-300 words) and a list of keywords.
- All papers will undergo a peer review process, and selected papers will be invited for oral or poster presentations.